

The Incredible Years

Help your child to learn and grow emotionally and socially

play + limit setting + *consequences* + praise + **PROBLEM SOLVING** + time out + rewards + controlling upsetting thoughts + listen + effective communication + understand



sequences + G + time out thoughts + cation + listen *sequences* + e + rewards understand



A FREE ten-week course

Begins 8th May 2009

Fridays, 10.15 am to 12.15 pm

Baptist Church, Darenth Avenue, Tonbridge

Refreshments provided – Creche available

To register please contact Parents+Plus:

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parents+plus

transforming the lives of families and communities